

Connection/Intimacy through Scene Negotiation and Establishing Consent

(ForMySir.com/Bosch)

Acronyms of Consent

- RACK – Risk Aware/Accepted Consensual Kink
- SSC – Safe Sane Consensual
- PRICK – Personal Responsibility Informed Consensual Kink
- RASH – Risk Aware Shit Happens
- Others?

Consent – have the capacity to consent, understand what you are consenting to, and agree to engage in activity within the established container or is revoked.

Consent is an active collaboration for the benefit, well-being and pleasure of all persons concerned.

Shit Happens – acknowledgement that things can go awry, mistakes can happen, plan for when they do.

Negotiating and Consent Concepts

All healthy interactions between consenting adults should be negotiated from a place of equality. How do you identify inequality? How do you create equality?

What is a “scene” that requires negotiation and consent? Are we flirting? Making out? Scening?

Opt-in vs. Opt-out negotiation

Developing your own negotiation/consent style/practice.

WE CAN CHOOSE NOT TO PLAY!!

How to say no?

- not this time
- I’m not in the right headspace for that
- I want to play with you, but I want to get to know you better
- How do you say no?

Connection & Intimacy

“Can we try something different for this negotiation?”

Create intentional space for negotiation using intimate positions conducive to open/honest sharing. Facing each other? facing away? Physical touch? What makes you feel safe and equal?

Certain kinds of intimacy makes D-types or s-types feel less equal. (Examples to try: Yab Yum, Head on shoulder, back to back, side to side)

Negotiation

WHAT, WHO, HOW – a conversation

Self Check-in

- What is my mental state?
- Am I fed, hydrated, rested?
- Is my judgement impaired?
- Why do I want to play with this person?
- Do I think this person and I can negotiate as equals?
- **WE CAN CHOOSE NOT TO PLAY!!**

WHAT

- What activities do we enjoy? (inclusion in scene is not implied)
- How do we want to feel for this scene?
- Will there be sex? What does that look like?
- Pain/impact?
- What makes a scene work/not work for each of us?
- With the above in mind, what are we deciding to do?
- How do we feel about mid-scene negotiation?

WHO

- Who is involved, who is watching, who is around, what is their accepted role/function.
- Is there anyone we need to check in with before we scene? (s/o, DM, etc.)

HOW

- Intentions for the scene (practice, pretty, sadistic, fun, sex, etc.)
- How do we want to feel for this scene?
- Roles and role names (Dom, Sub, Top, Bottom, etc.)
- How much power exchange?
- How much affection, eroticism and/or sexual energy?
- Humiliation/Degradation/Objectification/Primal?
- Language, Honorifics & terms of endearment (pronouns, Sir, Master, “good girl”, “good pet”, slut, whore, etc)

Self Check-in

- What is my qualification/experience level for this activity? How do I feel about their qualification/experience level?
- Do I feel like doing this kind of play?
- Do I want this type of energy tonight?
- **WE CAN CHOOSE NOT TO PLAY!!**

Creating a Safe Container

Kink is putting scary things into a safe container.

Boundaries

- Affection
- Touch (sexual or non), where to touch
- D/s and everything in the above section restated.
- What else?

Physical Considerations

- How do our bodies feel? What should we think about?
- Injuries
- Chronic illnesses/conditions
 - o Asthma (where is my inhaler?)
 - o Fibromyalgia, range of motion, places on body of concern
 - o How is your circulation? Have you ever fainted during a scene?
 - o Anything else?

Emotional Considerations

- How do we feel right now?
- Known triggers? (example: language, face slapping, hair pulling, etc.)

Safewords

- How much do you struggle to use them?
- What do the words mean? Do we really speak the same language?
- What do we say instead of “Yellow”

Aftercare

- What do we BOTH need?
- What should we prepare right now?
- Do you want to make contact the next day?
- What else do we need?

Logistics

- What to wear (state of undress)
- Time constraints
- Need to hydrate? Need waterbottle near?
- Need to pee first?

Anything Else We Haven't Talked About

Self Check-in

- Did I learn anything here that give me concern about the type of play we've chosen?
 - o Safe words
 - o Physical or emotional conditions
 - o Logistics
- **WE CAN CHOOSE NOT TO PLAY!!**